

Project Name:	Mental Health Case Management Program
MIU Round:	Round 2
Sponsor(s):	University Health Services
Coordinator(s):	Sarah Van Orman, Danielle Oakley, Molly Kloehn (Mental Health Case Manager), Christine Milovani (Mental Health Case Manager)
Partner(s):	Division of Student Life
Report Date:	Year 1, July 2011; Year 2, July 2012; Year 3, July 2013

Project Specific Goal and Measures

Project Impact Measure(s)	<p>Help coordinate mental health services to at risk students with complex needs by:</p> <ul style="list-style-type: none"> • acting as a liaison between University Health Services (UHS) and the Division of Student Life (DoSL). • acting as a resource to both UHS and DoSL regarding students needing community referrals. Follow up with community referred students and provide long-term monitoring of their status when needed. • working with UHS psychiatry services providers to assist students with split care therapy providers specifically in terms of access to transportation. Train and supervise other staff members who are providing resources to students in need of community mental health services. • supervising the referral of students from the UHS brief therapy model to longer-term community care, including after-care resources and support. • creating opportunities for students served by the case management program to develop new skills and enhanced ability to function independently. • consulting on at-risk mental health cases when suspension and/or dismissal from the university is contemplated. • creating linkages with Madison community resources for students in need of mental health services who have no medical insurance. • acting as a consultant to the Office of Undergraduate Admissions and the DoSL to develop re-entry plans for formerly enrolled students who have left UW-Madison for mental health reasons. • expand the number and complexity of students able to have access to UHS medication management services by providing case management services to students.
Project Impact Data Source(s)	Data on program activities and contacts will be provided by University Health Services.
Baseline Measure(s)	Program did not exist before MIU funding.

General MIU Goals and Measures (applicable to project)

F	Decreased achievement gaps	<p>By helping students connect with community resources, including culturally relevant support programs, students will develop local connections that may enable them to stay enrolled at UW-Madison. Intentional consultation with students who are re-entering UW-Madison after a mental health-related absence will increase the likelihood that students will successfully transition back to UW-Madison, stay enrolled, and graduate.</p> <p>Case Manager has established working relationships with campus partners most in contact with at-risk students including the McBurney Disability Resource Center, University Housing, International Student Services, and the Center for Educational Opportunity (CeO).</p>
G	Attention to diversity in new hires	<p>Recruited for the Mental Health Case Manager position by posting in a variety of publications, including those that reach diverse candidates. Each candidate was asked to address issues relating to mental health in underserved student populations and how they would address those issues in the position.</p>

Progress Reports

Year 1, 2010-11	<p>Molly Kloehn was hired into the Case Manager position. Contacts during part of the first year include:</p> <ul style="list-style-type: none">• Received 368 referrals (since October 2010) from UHS and DoSL staff.• Served 300 students (above projected number of 60).• Fielded 28 crisis calls.• 174 contacts with faculty, staff, and parents.• Met with 85 students in follow-up case management appointments.• Conducted professional development for community mental health providers resulting in a significant increase in the number of providers willing to offer sliding scale fees to UW-Madison students.• Coordinated care for 50 students receiving split-care services.
Year 2, 2011-12	<ul style="list-style-type: none">• Received 451 referrals from UHS and DoSL staff and met with 296 students face to face.• Received 315 contacts with faculty, staff, and parents.• Met with 110 students in follow-up case management appointments.• Conducted outreach to CeO, McBurney Disability Resource Center, University Housing, and International Student Services.• Coordinated care for approximately 30 students receiving split-care services.• Surveyed students about their satisfaction with the experience of working with the case manager. Students were overwhelmingly positive about their experience with the case manager that helped them remain enrolled in school and perform better in their classes.

Year 3, 2012-13

- Case managers served 320 students during the academic year.
 - Met with 173 students in follow-up case management appointments.
 - Engaged in 458 follow-up tracking of students referred for services and participated in 94 third-party calls on behalf of students connected to community mental health resources.
 - Established case management consultation hours for immediate service to students referred to case managers. Based on follow-up surveys, students were extremely satisfied with this service.
 - Coordinated services with the DoSL Threat Assessment team, UHS Healthy Eating Service Team, UHS Case Review Team, Student Crisis Response Team, International Student Services, University Housing, McBurney Disability Resource Center, and Center for Educational Opportunity.
 - Serves as training site for School of Social Work students interested in case management.
 - Created a post-masters case manager position modeled after the nationally-recognized training model at the University of Michigan.
 - Established and maintained contacts in the Madison community for referrals for mental health counseling and other community services.
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